

## WORKSHOP HANDOUT: Before Session

<b>Name:</b>	
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In your own words, please describe how you currently see the role of a workplace mentor.

Rate your current comfort level describing workplace mentoring (please circle a number).

1	2	3	4	5	6	7	8	9	10
Low Comfort									High Comfort

Rate how you currently see the value of workplace mentoring (please circle a number).

1	2	3	4	5	6	7	8	9	10
Low Value									High Value

Rate your current level of ability to act as a workplace mentor (please circle a number).

1	2	3	4	5	6	7	8	9	10
Low Ability									High Ability

Describe a positive experience you have had learning a skill from someone else...

Describe a positive experience you have had teaching a skill to someone else...



**Other Comments / Feedback / Suggestions (Please continue on the back)**